

Breakfast
 7:00am Continental Breakfast..... Bar & Grill
 8:00am-10:00am Open Seating.....Dining Room
 8:00am - 10:30am Lido Breakfast..... Lido Deck
 8:00am - 12:00pm BreakfastBar & Grill, Poolside

Lunch
 12:00pm - 2:00pm Open Seating.....Dining Room
 12:00pm - 2:30pm Lido Lunch..... Bar & Grill
 12:00pm - 2:30pm Taste of Nations.....Bar & Grill
 12:00pm - 6:30pm Sun LoversBar & Grill, Poolside

Sweet Treats
 Afternoon High Tea - 3:00pm..... Piano Bar
 Ice Cream, Frozen Yogurt & Cookies
 3:30 - 4:30pmBar & Grill

“Formal Attire” is the recommended attire for this evening's meal.

All three restaurants are smoke free environments.

Main Seating Dinner
 5:45pm Dining Room.....Atlantic Deck, Aft
 6:15pm Dining Room.....Atlantic Deck, Fwd

Late Seating Dinner
 8:00pm Dining Room..... Atlantic Deck, Aft
 8:30pm Dining Room.....Atlantic Deck, Fwd

Maitre D's Wine Suggestions
 Chardonnay, Cuvaision, Carneros
 Cabernet Sauvignon, Jordan, Sonoma

Seaview Bistro
 6:00pm - 9:30pm Bar & Grill

Festivale®

Grand Gala Buffet
 11:15pm - 11:45pm Photo Session..... Dining Room
 12:00am - 1:30am..... Dining Room

Pizzeria Open till 4:00am Bar & Grill
 The United States Public Health Service has determined that eating uncooked or partially cooked meat, poultry, fish, seafood or eggs may present a health risk to the consumer particularly those that may be more vulnerable.

BEVERAGE SERVICE
 You must be at least 21 years old to be served alcohol on board. Proper identification with birthdate is required.

TODAY'S DRINK SPECIAL
“Island Delight” & “Bloody Mary”
 Only \$6.95 - Keep the Glass (Lido Only)

Bar 10:00am - 3:00am.....Promenade Deck
 Club 4:00pm - 1:30am.....Promenade Deck, Aft
 Lido Pool Bar 9:00am - 6:00pm.....Lido Deck
 Bar 9:00am - till late..... Bar & Grill
 Bar 9:30pm - 2:00am.....Promenade Deck, Aft
 Piano Bar 6:00pm - 1:00am.....Atlantic Deck, Atrium
 Lounge 8:00pm - 12:00pm..... Promenade Deck
 Dance Club 11:00pm - till late ..Promenade Deck, Midship
 Coffee and Tea 24 hoursBar & Grill (inside)

Wine Seminar
 Today in the Lounge you'll have the opportunity to sample several of our finest wines for just ?.
 2:00pm Lounge

CAMP CARNIVAL
 Reading Hour (All Ages) 1:00pm - 2:00pmClub 0₂
 “Coke”-tail Party (6 - 11 yrs) 5:00pm.....Dance Club
 Babysitting (2 - 11 yrs) 10:00pm - 3:00amChildren's Playroom

CLUB 0₂
 Ping Pong Contest 10:30am (15yrs & up)Verandah Deck
 Teen Battle of the Sexes (15 - 17 yrs) 3:00pm - 4:00pm.....Lounge
 Basketball Game (15 - 17 yrs) 4:00pm - 5:00pmVerandah Deck
 Teen Disco (12 - 18 yrs) 9:30pm - 10:30pm.....Disco
 Out door Disco (15-17 yrs) 11:00pm - 12:00pm.....Disco

THINGS TO KNOW
 For general information, please see your stateroom directory or visit the purser's information desk. For television and movie listings, please refer to your TV & Movies guide found in your stateroom.

Purser's Information Desk
 Feel free to visit us throughout your cruise for general information, questions, changes or to report lost and found items. Open 24 hrsPromenade Deck

Wake Up Calls
 Want some help waking up? You can set a wake up call from your stateroom phone by dialing 37 and the military version of the time you would like to receive the call. If you would like an 8:00am call, for example, simply dial 37 then 0800. Or, for 8:00pm, dial 37 then 2000. To remove unwanted wake up calls, dial * then 37.

Phoning Home
 We're now featuring even lower satellite calling rates. Calls to the U.S., Canada and the Caribbean are only ? per minute! International calls are only ? per minute. Consult your stateroom directory for dialing instructions.

Infirmiry Hours
 In case of emergency – please dial #911. Over-the-counter items such as Tylenol and Band-Aids are available at the Purser's desk and from Room Service.
 Open ?Deck 3 Fwd

Room Service
 24hr room service is complimentary. It is, however, customary to extend a gratuity upon service.

Swimming Pools/Whirlpools “Swim at your own risk”
 8:00am-8:00pm..... Main Pool/Whirlpools/Spa Carnival
 8:00am -10:00pm (Adults only)..... Aft Pool
 8:00am-12:00am (Adults Only) Whirlpool Lido Deck ,Aft
 Waterslide Closed Today Sports Deck, Aft
 10:00am-4:00pm on sea days (Weather & Conditions Permitting)

Beach Towels
 Fresh beach towels will be placed in your stateroom the night before each port of call. Please use these towels while ashore and on the ship's open decks. Please return the towels to your stateroom steward when you are finished with them. A charge of ? will be billed to your Sail & Sign account for each towel not returned.

travel adventure

talk

Join your Cruise Director for important information on ports.

The best beaches & snorkeling, adventure tours. What you'll need to disembark the ship in each port, maximizing your time ashore and onboard! Also learn about our “Fun Ship” activities, Shops On Board, services and concessions.

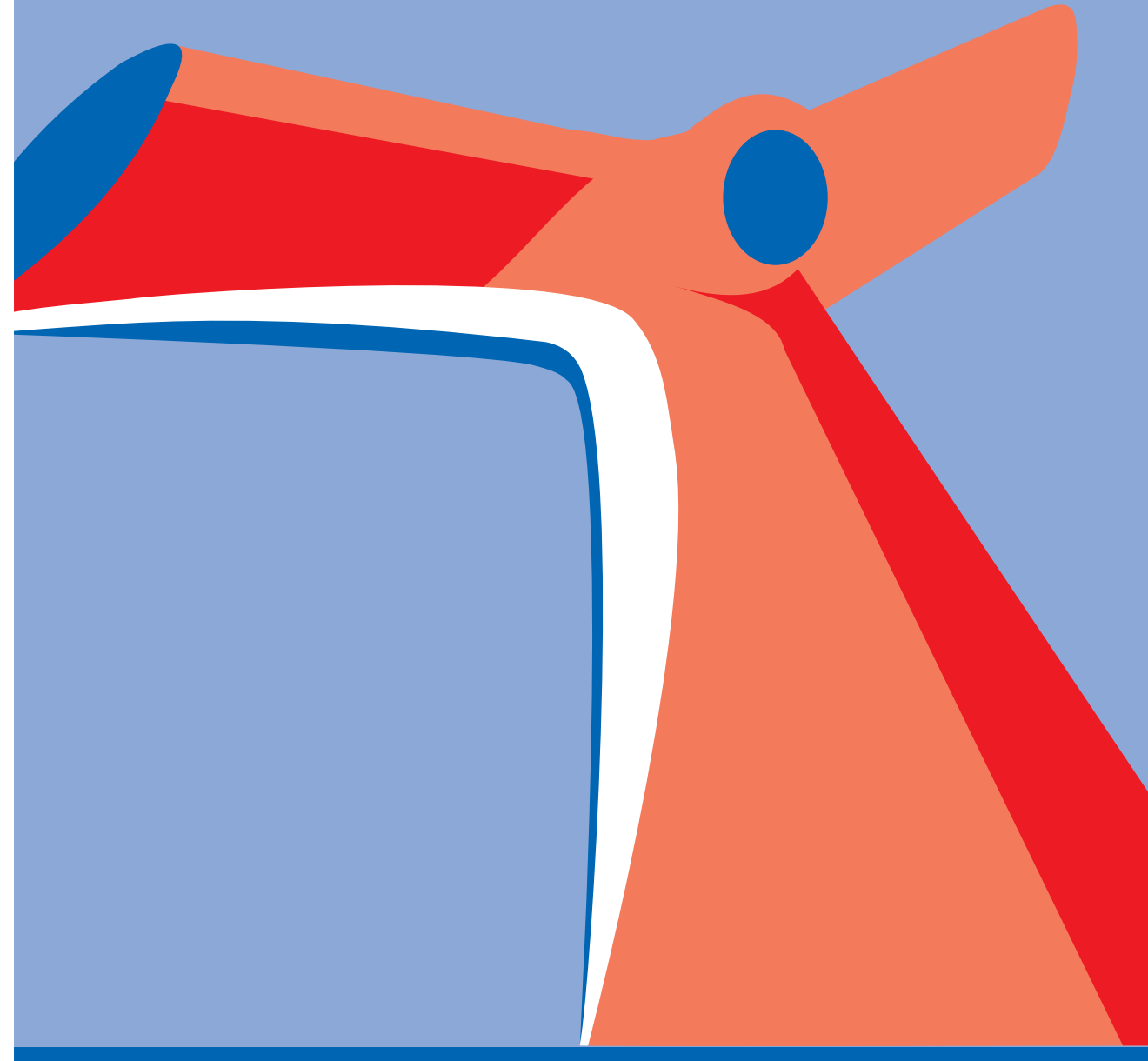
FREE STUFF GIVE-A-WAY!

11:00am Lounge

Carnival Cruise Lines Environmental Compliance Hotline
 For all concerns related to Carnival please contact 1-770-582-5299 (International); 1-888-290-5105 (North America); or 4368 (From your ship phone) / Environmental Compliance web site www.carnivalcompliance.com
 “Carnival's goal is to be the industry leader for environmental excellence”



Your daily guide to FUN.



Enjoy Your “Fun Day” At Sea!

Captain / Hotel Director / Cruise Director
Sunrise / Sunset

Remember, the ship is moving. Please be careful, watch your step and use the handrails.

PHOTO GALLERY

Open from 10:00am - 10:30pm.....Empress Deck

Formal Night Photos

Formal night photos! Have your formal portraits taken tonight by our team of professional photographers. 4:30pm - 6:15pm, 7:15pm - 8:30pm & 9:30pm - 10:30pm Empress and Promenade Decks.

On Board Developing

Drop your film off to be developed and get a 2nd set of 4 X 6 Prints FREE Plus, you can receive a FREE gift!

FORMALITIES

Need a tuxedo for the Captain's Cocktail Party? How about a corsage or boutonniere? We can help you prepare for tonight's formal evening. Come by and see us today. Open 9:00am - 10:00pmPromenade Deck

Champagne Package Offer

Single stem rose, bottle of champagne and five chocolate covered strawberries starting at just ?. Pre orders now!

PORT SHOPPING

Your **Super Shopper** is available to give away VIP cards and answer all your port & shopping questions about ports! Desk Hours 7:00 -8:30pm.....Promenade Deck

Fiesta Seminar

Our Super Shopper tells you all about the real deals, amazing discounts, raffles and giveaways in port. You could win free diamonds, prizes and jewelry at the talk! Shopping maps will be available. 9:00am Lounge

Temporary Tattoos/ Body Art

It's daring, It's crazy...It's FUN! Check out your NuEmage Air Brush artist for the latest in temporary body art and body jewel.

Shops On Board

Open 9:00am - 10:30pm. Located on the Atlantic Deck.

Today Only Jewelry Blowout!

50% off Suggested Price

INCH OF GOLD Starting at \$1 per inch REAL 18K GOLD mixed with Jewelers Metal, Great for everyday wear! Purchase 21 inches or more of the same style and receive a FREE BRACELET!

DIAMOND SUPER SALE...STARTING AT \$99! Diamond Rings, Earrings, Pendants and Bracelets

BIJOUX TERNER \$10 SIDEWALK SALE Necklace sets, Watches, Men's Ties and more!

Carnival NEVER UNDERSOLD ALWAYS GUARANTEED

CA\$INO

Casino

Slots will be open at 9:00am and complimentary coffee & danish will be available. Tables open from 10:00am 'till late.

Blackjack Tournament

Qualifying: 2:30pm-4:00pm & 7:30pm-10:00pm

Grand Finale: 10:15pm

Only \$20 to enter.

First Prize \$500

Sign up for the "Ocean Players Club" today! See your Casino Host for details.

A 3% charge will apply to Sail & Sign transactions. You have to be over 18 years to enter the Casino.



CASINO GAMING LESSONS

Meet your Casino Host and they'll teach you all the great games that the casino has to offer. Black Jack, Craps, Poker and more. 11:30am Casino

ART AUCTION

Champagne Art Auction Don't miss this opportunity to acquire original works of art up to 80% off the Gallery retail prices. This is an event you don't want to miss. Over 400 artists represented. **Complimentary Champagne for all who attend! \$3000 worth of art to be given away today!** 1:30pm Art Preview Lounge 2:30pm Art Auction Lounge 7:30pm Art Gallery Open 'til 8:30pmPromenade Deck

CARNIVAL GOLF.COM

Your PGA Pro will be on Verandah Deck today with competitions, FREE clinics and individual lessons. Golf Putting Competition: 10:00am Deck

Golf Tours & Lessons

Eric available at the golf cage for information on fabulous golf excursions available in port. 11:00am - 5:00pm Deck

CELL PHONE SERVICE

BRAND NEW! Stay connected out at sea using yourcellular phone. International roaming rates apply, Pleaseturn off your cell phones during dinner and shows.

INTERNET DISCOUNTS

Take advantage of our discounted Internet Time Plans and save as much as 47% off the pay as you go rate. YourLaptop or ours-wireless access available. Surf theInternet @ Sea, Chat with family or friends online onMSN, AOL, Yahoo Messenger and more.

MUSIC AND DANCING

Cool Calypso with "Joy" 12:00pm -1:00pm, 1:45pm - 5:00pm..... Lido Deck
Piano Music with "Brady" 8:00pm - 8:30pm.....Piano Bar
Cocktail Piano Music with "Luis" 5:15pm - 5:45pm , 7:30pm - 9:00pm Bar
 6:00pm - 6:30pm..... Piano Bar
Party Sing-a-Long Piano Music with "Brady" 9:30pm - 1:00am Piano Bar
Karaoke Madness 8:00pm -11:45pm..... Lounge
Dance & Party Music with "Michael Lee" 9:30pm - 1:00amBar
Live Music with "Lifeline" 9:45pm - 1:45amLounge
 10:00pm - 10:45pm Couples & Lovers..... Lounge
Teens Disco 9:45pm - 10:45pmDance Club
Dance Music with your "DJ" (18 & over only) 11:00pm - LateDance Club
 70's Disco Inferno Hour starts at 12:30am

ACTIVITIES

Big Screen Movie Lounge..... 10:00 am

Crazy Olympic Pool Party

Join Asst. Cruise director for pool side fun, laughter & prizes! T-Shirt Relay and Water Balloon Tossing Competition. Join in or cheer on your favorite team! 1:00pmLido Deck Pool

Horse Racing Fun

Bet on your favorite horse & win double the money if not more! Join us for the fun! 1:30pm..... Lido Deck

TV Theme Song Trivia..... 2:00pm Bar

Newlywed not so Newlywed Game

Join us for great fun, spicy questions, & lots of laughs. 2:30pm Lounge

Who Wants to be a Millionaire?

Fun for the whole family. 3:30pmLounge



Spa Carnival & Gym

Located Sports Deck 12 Forward.

TONIGHT IS FORMAL NIGHT

Don't let your hair down! The Beauty Salon is open for all your hair sets, blow dries and glamorous "hair up" styles or take advantage of our Formal Night Special. Book early to avoid disappointment. Call #2009.

Spa Carnival Seminars

10:30am BODY CORRECTION CLINIC - Do you need to lose inches? Slow metabolism? Need to detox?Aerobics Studio

11:00am BURN FAT FAST - And learn to keep it off. Join your fitness instructors to find out howAerobics Studio

2:30pm EAT MORE TO WEIGH LESS - Sound too good to be true? Join us for the facts..... Aerobics Studio

NOT TO BE MISSED THIS CRUISE...**La Therapie HydraLift Facial** Guests must be 18 for gym use or over 16 with parent supervision.

Main Show

Carnival Cruise Lines and your Cruise Director proudly present...

Livin' In America

Starring Carnival Dancers

Amber, Evgeny, Catherine, Claire, Damon, Gemma, Kimberly, Laura, Lucie, Matthew, Kaylie, Robert, Rosemary & Sarah

Featuring the vocal talents of Paula Creech & Jesse Hamilton ...plus the Adage of Dimitri & Maria

With music by Dan Potter & The Carnival Orchestra Lighting: Xander /Sound Engineer: Josh Stage Manager: Darryl

8:45 Early Seating
10:30pm Late Seating

Lounge

Get there early we kindly ask that you do not save seats! No videotaping/photography of this show due to international copyright laws. Camp Carnival has reserved seats on the Starboard side of Promenade Deck for the kids. Thank you!

CAPTAIN'S COCKTAIL PARTY

Cordially invites all guests to attend his formal cocktail party. Live dance music from the Carinval Orchestra. Complimentary cocktails & hors d'oeuvres will be served. Proper attire required.

5:00pm-Main Seating / 7:15pm-Late Seating Lounge

LATE NIGHT COMEDY SPECIAL

A night of "R" rated laughter with "Jerry Goodspeed & Happy Cole" 18 yrs and over. 12:00am Lounge

BINGO

Jackpot Bingo

We play **Three** games of bingo, for a jackpot of \$250 each. Be sure to get to the lounge early, for a good seat for the Travel Talk. 10:30am Lounge

Bingo Bingo Bingo!

Join us for **TWO** games of bingo! 2:00pm Lounge

Super Scratch Lotto

Scratch Lotto tickets available in the Dynasty Lounge today at bingo from one of your friendly Carnival Dancers. For only \$1 Win up to **\$1,000.**

6:00am	Gym opens.....	Sports Deck
7:00am	Continental Breakfast.....	Bar & Grill
8:00am	Lido Breakfast.....	Lido Deck
	Spa Carnival opens.....	Sports Deck
	Pools & Whirlpools open.....	Lido Deck
8:00am	Open Seating Breakfast	Dining Room
	Pathway To Yoga (\$10 fee).....	Aerobics Studio
9:00am	Port Shopping Talk.....	Lounge
	Friends Of Bill W. 'til 9:45am.....	Library
	Slot Machines open.....	Casino
	Fun Shops Open.....	Atlantic Deck,Fwd
	Formalities Shop Opens.....	Promenade Deck
	Body Cycling Class (\$10 fee).....	Aerobics Studio
10:00am	Full Casino opens.....	Promenade Deck
	Big Screen Movie	Lounge
	Golf Putting Competition.....	Verandah Deck, Aft
	Funship Trivia	Lido Deck
	Library opens	Atlantic Deck
	Photo Gallery opens 'til 11:00pm	Empress Deck
10:30am	Bingo	Dynasty Lounge
	Ping Pong Tournament.....	Verandah Deck, Fwd
11:00am	Travel & Adventure Talk.....	Lounge
	Golf Lessons 'til 1:00pm.....	Verandah Deck, Aft
11:30am	Free Gaming Lessons.....	Casino
12:00pm	Lido Lunch.....	Bar & Grill
	Open Seating Lunch.....	Dining Room
1:00pm	T-shirt Relay & Water Balloon Toss	Lido Deck
	Watch & Gemstone Seminar.....	Lounge
1:30pm	Art Auction Preview.....	Lounge
	Golf Lessons <i>till 5:00pm</i>	Verandah Deck, Aft
2:00pm	5 Game Bingo.....	Lounge
	Tour Desk opens <i>till 4:00pm</i>	Empress Deck
	Wine Seminar.....	Lounge
	Rum Cake Tasting.....	Gift Shop
2:30pm	Art Auction.....	Lounge
	Blackjack Tournament.....	Casino
2:45pm	Tanzanite Talk.....	Gift Shop
3:00pm	Promenade Fun & Games.....	Bar
	Library opens <i>till 4:00pm</i>	Library
3:30pm	Ice Cream & Treats.....	Bar & Grill
	Afternoon Tea and Music "Luis"	Bar
5:00pm	Captain's Cocktail Party	Lounge
	Children's "Coke-tail" Party.....	Disco
5:15pm	Piano Music.....	Bar
5:45pm	Early Seating Dinner.....	Dining Rooms
6:00pm	Seaview Bistro opens.....	Bar & Grill
	Piano Music.....	Bar
	Tour Desk opens <i>till 7:30pm</i>	Empress Deck
6:15pm	Early Seating Dinner.....	Dining Room
7:00pm	Shopping Desk opens	Promenade Midship
7:15pm	Captain's Cocktail Party	Lounge
7:30pm	Art Gallery Opens <i>till 8:30pm</i>	Promenade Deck
	Blackjack Tournament.....	Casino
	Smooth Piano Music	Bar
8:00pm	Late Seating Dinner.....	Dining Room
	Karaoke Madness	Lounge
	Great Piano Music.....	Bar
8:30pm	Late Seating Dinner.....	Dining Room
8:45pm	Showtime (Early Seating)	Lounge
9:30pm	Party & Dance Music	Promenade Deck
	Piano Party	Bar
9:45pm	Teen Disco (12 - 18 yrs only).....	Dance Club
	Couples and Lovers Party	Lounge
	Babysitting (fees apply).....	Children's Playroom
10:15pm	Blackjack Tournament Finals.....	Casino
10:30pm	Showtime (Late Seating)	Lounge
11:00pm	Dance Club opens (18 & Up).....	Dance Club
11:15pm	FESTIVALE(R) Grand Gala Buffet (Photos only)	
12:00am	Late Night Comedy Show	Lounge
	FESTIVALE(R)! Grand Gala Buffet Opens	
12:30am	70's Disco Inferno	Dance Club
24hrs	Video Arcade	Promenade Deck